|  |  |
| --- | --- |
| What was thought in the conversation | What was said in the conversation |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

Internal Voice Worksheet [[1]](#footnote-1)

1. (based on presentation of Naseem Khuri, Pathways Institute for Negotiation Education, August 2020.) [↑](#footnote-ref-1)